						2025
Monday	Tuocday	Wodposday	Thursday	Eriday	Caturday	Sunday

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
8 Adult Group Fitness	9 Adult Group Fitness	10	11 Adult Group Fitness	12	13	14
	6:30 Sondag (1)	6p Youth Weights and Performance				5p-7p Oakes
15 Adult Group Fitness	16 Adult Group Fitness	17	18 Adult Group Fitness	19	20	21
Addit Group Fittless	- I	6p Youth Weights and Performance	Addit Gloup Fittless			
22	23	24	25	26	27	28
Adult Group Fitness	Adult Group Fitness	6p Youth Weights and Performance	Adult Group Fitness			
29 Adult Group Fitness	30 Adult Group Fitness					
		PERSONAL	TRAINING A	AND WELLIN	IESS	