

AUGUST 2025

MON	TUE	WED	THU	FRI	SAT	SUN
				Rock Steady Boxing 1	2	3
Rock Steady Boxing 4	Rock Steady Boxing 5	Rock Steady Boxing 6	Rock Steady Boxing 7	Rock Steady Boxing 8	9	10
Rock Steady Boxing 11	Rock Steady Boxing 12	Rock Steady Boxing 13	Rock Steady Boxing 14	Rock Steady Boxing 15	16	17 5p-7p Oakes
Rock Steady Boxing 18	Rock Steady Boxing 19	Rock Steady Boxing 20	Rock Steady Boxing 21	Rock Steady Boxing 22	23	24 5p-7p Oakes
Rock Steady Boxing 25	Rock Steady Boxing 26	Rock Steady Boxing 27	Rock Steady Boxing 28	Rock Steady Boxing 29	30	31 5p-7p Oakes